

SEO SCORE ?

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SEARCH TRAFFIC ?

n/a

TOTAL IMPRESSIONS ?

n/a



PAGESPEED ?



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# The Gospel of Grace — You Cannot Add One Cubit

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**✨ The Gospel of Grace — You Cannot Add One Cubit Revealed as the End of Human Effort and the Beginning of God’s Divine Increase Within You**

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# The Gospel of Grace: Author

By **Carl Timothy Wray**

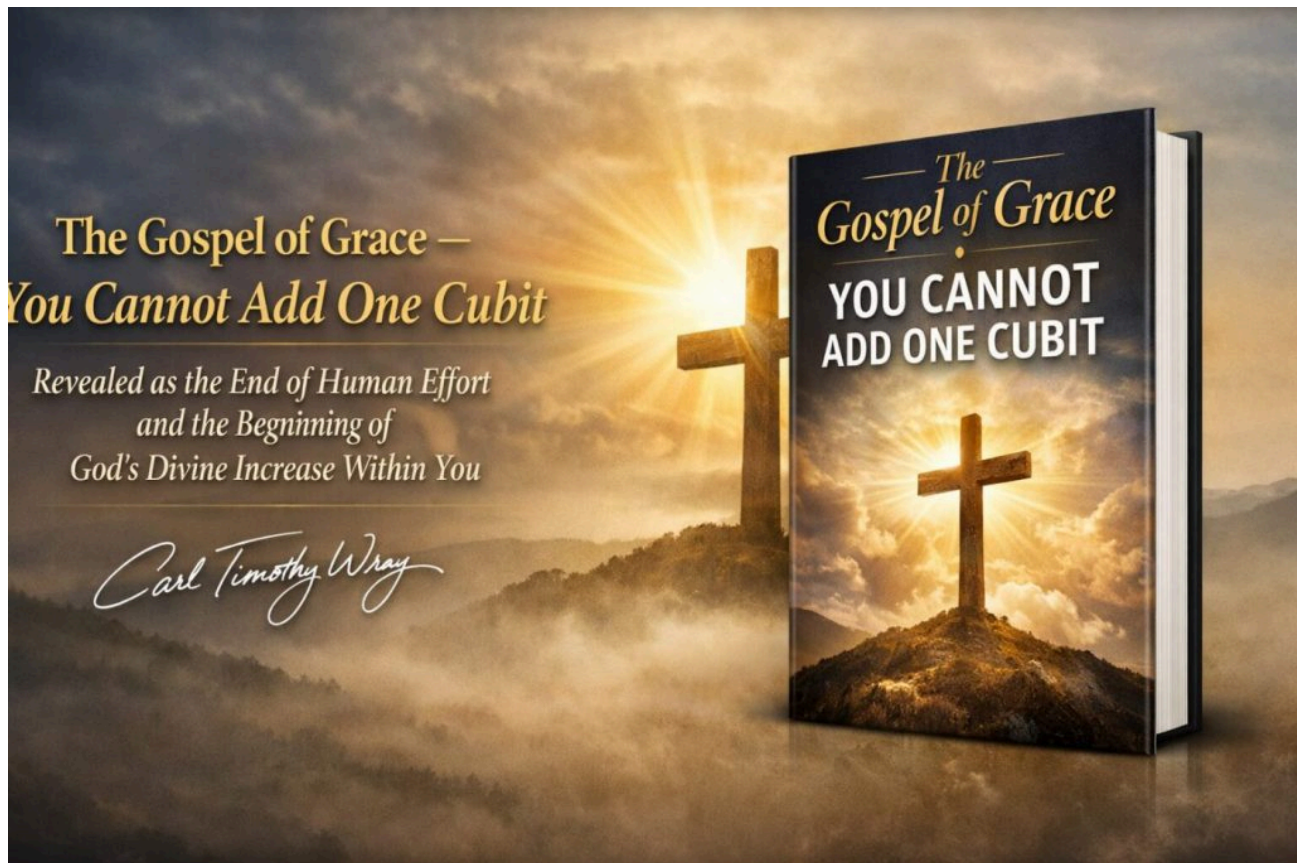
**Carl Timothy Wray** is a prolific author and teacher dedicated to unveiling the full counsel of God through the Finished Work of Christ. Through hundreds of books, teachings, and prophetic writings, he reveals the unified thread of Scripture from Genesis to Revelation—bringing clarity to the Gospel of Grace, the Book of Revelation, and the divine plan of the ages.

His message centers on the completed work of Christ, the sovereignty of God in salvation, and the transformation of believers through divine life rather than human effort. His writings are designed to awaken the elect, remove the veil of religious striving, and establish readers in the rest, righteousness, and fullness found in Christ alone.

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**The Gospel of Grace — You Cannot Add One Cubit** is a powerful biblical teaching that answers the question: can human effort produce spiritual growth? Centered on Matthew 6:27, this book reveals that true increase does not come through striving, performance, or religious effort, but through the life of God working within the believer. By harmonizing Scripture from Genesis to Revelation, Carl Timothy Wray exposes the failure of performance-based Christianity and unveils the rest, faith, and divine increase found in the Finished Work of Christ. This book is essential for anyone seeking to understand the Gospel of Grace, spiritual growth, and how God alone **produces transformation.**




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## 🔥 The Gospel of Grace: Introduction

There is a question that Jesus asked that has the power to dismantle an entire system of thought—yet most have read it without ever allowing it to speak.

“Which of you by taking thought can add one cubit unto his stature?” —  
Matthew 6:27

At first glance, it appears simple—almost too simple. But hidden within this question is a divine confrontation with the very foundation of human effort.

For generations, men have been taught that growth comes through striving. That if  EN harder, pray longer, discipline themselves more, and apply enough effort, they will increase. They have been trained to believe that transformation is the result

of human cooperation with God—as though the burden of becoming rests partially upon them.

But Jesus asks a question that silences all of it.

Which of you?

Not the weak.

Not the untrained.

Not the immature.

**Which of you—any of you—can produce even the smallest measurable increase by your own effort?**

The answer is devastating to the system of performance:

**Not one.**

This is not merely a statement about physical height. It is a revelation about spiritual reality. Man, in and of himself, does not possess the ability to produce true growth. He cannot add to his stature, his righteousness, his life, or his transformation through thought, effort, or striving.

And yet, the system of religion continues to demand what Jesus denied.

It says:

- Try harder
- Do more
- Become better
- Fix yourself



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el of Grace declares something entirely different.

If man cannot add a cubit...  
then all true increase must come from another source.

This book is not about improving your effort—it is about ending it.

It is about uncovering the divine truth that growth is not something you achieve, but something God produces. It is about stepping out of the burden of self-transformation and into the rest of His finished work.

From Genesis to Revelation, the testimony is consistent:  
God is the one who gives the increase.  
God is the one who works within.  
God is the one who brings forth life.

Your role is not to strive...  
but to believe.

As you read, you will begin to see that the question Jesus asked was never meant to be answered with effort—but with surrender.

And in that surrender, something powerful happens:

The striving stops.  
The mind rests.  
And the life of God begins to increase—without measure.

## **Chapter 1 — The Question That Ends Striving**

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### **Question Jesus Asked**

“Therefore I say unto you, Take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body...

Is not the life more than meat, and the body than raiment?

...Which of you by taking thought can add one cubit unto his stature?”

— Matthew 6:25–27

Jesus does not begin with a command to improve yourself.

He begins with a question.

A question so simple... yet so absolute... that it has the power to dismantle an entire system of human effort.

### **Which of you can add one cubit?**

Not many.

Not most.

Not the disciplined.

**Which of you—any of you—can produce even the smallest measurable increase by your own thought?**

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## **The Context: Worry, Thought, and Toil**

Jesus is not speaking in isolation. He is addressing a condition that governs the natural mind:

**worry.**

“Take no thought for your life...” — Matthew 6:25



The phrase “take thought” speaks of anxious care, mental striving, and inward labor.

It is the belief that:

- If I think enough, I can fix it
- If I worry enough, I can change it
- If I try hard enough, I can produce the outcome

But Jesus connects that mindset directly to this question:

**Can it produce increase?**

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## The Answer That Silences Effort

The answer is not spoken—but it is undeniable.

**No.**

No man has ever added one cubit to his stature through thought.

Not physically.

Not spiritually.

Not inwardly.

This is not a partial limitation—it is a total one.

“For what hath man of all his labour...? For all his days are sorrows, and his travail grief...”

— Ecclesiastes 2:22–23

Man labors.

Man toils.



Yet Jesus reveals:

**None of it produces true increase.**

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## The Collapse of the Performance System

This single question exposes the foundation of performance-based thinking.

Because if you cannot add a cubit...

Then you cannot:

- Grow yourself
- Transform yourself
- Produce righteousness
- Bring yourself into fullness

Yet religion continues to teach:

- Try harder
- Pray more to become more
- Discipline yourself into growth

But Jesus does not say, "Try harder."

He asks:

**Can it even work?**

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## The vanity of Human Effort

Scripture has already answered this long before:

“Except the Lord build the house, they labour in vain that build it...”  
— Psalm 127:1

Effort without divine operation is not progress—it is vanity.

You can labor your whole life...

And still not produce what only God can give.

This is why many are exhausted:

- Always striving
- Always reaching
- Always trying to become

Yet never arriving.

Because they are attempting to add what cannot be added by human strength.

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## The Hidden Revelation in the Question

Jesus is not just exposing inability.

He is pointing to **source**.

If you cannot add a cubit...

Then where does increase come from?



This is the doorway into the Gospel of Grace.

Because what man cannot produce...

**God must supply.**

“So then neither is he that planteth any thing, neither he that watereth; but God that giveth the increase.”

— 1 Corinthians 3:7

Growth is not self-generated.

It is **God-produced.**

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## The Beginning of Rest

The moment this truth is seen, something begins to shift.

The pressure lifts.

The burden weakens.

The striving begins to lose its grip.

Because if your effort cannot produce increase...

Then you are no longer required to carry what was never yours to produce.

“It is vain for you to rise up early, to sit up late... for so he giveth his beloved sleep.”

— Psalm 127:2



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ziness.

This is **rest born from revelation**.

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## The Door This Chapter Opens

This question is not the end—it is the beginning.

It brings you to a crossroads:

- Will you continue striving to add what cannot be added?
- Or will you turn to the One who alone gives increase?

Jesus has already answered the first.

Now the rest of this book will reveal the second.

Because the truth is not only that you cannot add a cubit...

But that **God already knows how to**.

## Chapter 2 — What Is a Cubit? (Measured Growth)

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### Understanding the Word “Cubit”

“Which of you by taking thought can add one cubit unto his stature?”

— Matthew 6:27



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measure.

In the natural, it is a unit of length—roughly the distance from a man’s elbow to the tip of his finger. It represents something **visible, measurable, and tangible**.

But Jesus is not merely speaking of physical height.

He is revealing something deeper:

**Measured increase.**

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## The Desire for Measurable Growth

Man naturally seeks progress he can measure.

- Am I growing?
- Am I changing?
- Am I becoming more?
- Am I closer than I was before?

This desire is not wrong—but the **source of that growth** is often misunderstood.

Because man assumes:

- ☞ If growth is measurable...
- ☞ Then growth must be producible

So he begins to chase increase through effort.

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## Spiritual Growth Is Real



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r—growth is not an illusion.

Scripture speaks plainly of increase, maturity, and fullness:

“Till we all come... unto a perfect man, unto the measure of the stature of the fullness of Christ.”

— Ephesians 4:13

“...increasing with the increase of God.”

— Colossians 2:19

There is a **measure**.

There is a **stature**.

There is a **fullness**.

So the question is not:

**“Is there growth?”**

The question is:

**“Who produces it?”**

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## The Critical Distinction: Measured vs Manufactured

Here is where many miss it.

They see that growth is measurable...  
and assume it must be **manufactured**.

But there is a difference:



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- **Measured growth** → what can be seen
- **Manufactured growth** → what man tries to produce

Jesus does not deny the existence of growth.

He denies the **ability of man to produce it.**

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## The Pressure of Self-Measured Progress

When man believes he is responsible for his own increase, pressure enters.

He begins to evaluate himself constantly:

- "I should be further along"
- "I need to improve"
- "I'm not where I should be"

This creates a cycle:

- effort → evaluation → frustration → more effort

But no matter how much he measures...

He still cannot add a cubit.

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## God's Definition of Increase

Scripture gives a completely different source of growth:



“God... giveth the increase.”

— 1 Corinthians 3:7

And even more specifically:

“...holding the Head... from which all the body... increaseth with the increase of God.”

— Colossians 2:19

Growth is not self-generated.

It flows from **connection to the Head**.

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## The Source Determines the Outcome

If growth comes from man:

- it produces striving
- it produces comparison
- it produces instability

If growth comes from God:

- it produces peace
- it produces consistency
- it produces life

This is why Jesus never pointed men inward to produce growth...

He pointed them upward—to the source.



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# The Hidden Error of Religion

Religion takes something true—growth—and attaches it to the wrong source.

It says:

- “You must grow” (true)
- “You must produce that growth” (false)

So people spend years trying to manufacture what can only be received.

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# The Revelation That Changes Everything

A cubit represents measurable increase.

Jesus is not denying the measure...

He is denying your authorship of it.

You cannot add it.

You cannot force it.

You cannot produce it.

But this does not mean growth stops.

It means growth must come from another source.

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# The Door This Chapter Opens



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Question becomes unavoidable:

If growth is real...  
and man cannot produce it...

**Then who is responsible for the increase?**

This is where the Gospel of Grace begins to fully unfold.

Because the next step is not trying harder...

It is seeing clearly:

**God is the one who adds the cubit.**

## **Chapter 3 — The Illusion of Human Effort**

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### **A System Built on Effort**

There is a system that has governed the thinking of many for generations.

It teaches:

- You must grow
- You must change
- You must become
- You must produce

And while these sound spiritual... they all carry the same hidden root:



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on you.

But Jesus already asked the question:

“Which of you by taking thought can add one cubit unto his stature?”  
— Matthew 6:27

If the answer is **no**...

Then the entire system built on human effort begins to collapse.

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## Zeal Without Truth

The problem is not sincerity.

The problem is misunderstanding.

“For I bear them record that they have a zeal of God, but not according to knowledge.”  
— Romans 10:2

People are passionate.

They are committed.

They are trying.

But zeal cannot produce what only truth can reveal.

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## Establishing Your Own Righteousness

Paul goes deeper:



“For they being ignorant of God’s righteousness, and going about to establish their own righteousness, have not submitted themselves unto the righteousness of God.”

— Romans 10:3

This is the core of the issue.

Man is not just trying to grow...

He is trying to **establish himself**.

To become something by effort.

To reach a place by striving.

But in doing so, he bypasses the very thing he needs:

**submission to God’s work.**

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## Beginning in the Spirit, Finishing in the Flesh

This pattern shows up clearly:

“Are ye so foolish? having begun in the Spirit, are ye now made perfect by the flesh?”

— Galatians 3:3

They started right.

They received life by grace.



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ly shifted:

From **receiving** → to **producing**

From **faith** → to **effort**

And Paul calls it what it is:

**foolishness.**

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## The Limit of Human Righteousness

Even at its best, human effort cannot reach divine standard:

“But we are all as an unclean thing, and all our righteousnesses are as filthy rags...”

— Isaiah 64:6

This is not just about sin.

It is about **source**.

Anything produced outside of God’s life—no matter how disciplined, sincere, or impressive—cannot produce true righteousness.

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## The Endless Cycle of Striving

When a man believes growth depends on him, he enters a cycle:

- Try harder
- Fall short
- Feel condemned



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Over and over.

There is no rest in this system.

Because the standard is always ahead...  
and the strength to reach it is never sufficient.

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## Why Effort Feels Right (But Is Wrong)

Effort feels natural because it aligns with the flesh.

The natural mind believes:

- If I work, I earn
- If I try, I achieve
- If I push, I progress

But the Kingdom does not operate this way.

What works in the natural...

**fails in the Spirit.**

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## The Hidden Pride in Self-Effort

There is something deeper beneath effort:

**control.**



As long as a man believes he can produce growth, he remains in control of the process.

But the Gospel of Grace removes that control completely.

Because if you cannot add a cubit...

Then you must release your grip on becoming.

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## The Exposure of the Illusion

Jesus did not just give a teaching—He exposed an illusion.

The illusion that:

- You can fix yourself
- You can grow yourself
- You can bring yourself into fullness

But when that illusion is removed...

A man is left with a choice:

Continue striving in what cannot work...

Or surrender to what only God can do.

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## The Door This Chapter Opens



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tears down the system of effort.

But something must replace it.

Because if man cannot produce growth...

**Then who does?**

The next chapter answers that question fully.

Not partially.

Not conditionally.

But completely:

**God alone produces the increase.**

## Chapter 4 — God Alone Produces the Increase

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### The Divine Source of Growth

If man cannot add a cubit...

Then growth must come from another source.

Scripture does not leave this unanswered:

“I have planted, Apollos watered; but God gave the increase.

So then neither is he that planteth any thing, neither he that watereth; but God

gives the increase.”

1 Corinthians 3:6–7



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This is not partial.

This is absolute.

**God gives the increase.**

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## Man's Role vs God's Role

Paul makes a clear distinction:

- One plants
- One waters
- But only God increases

Planting is not increase.

Watering is not increase.

Even the best human contribution...

**cannot produce life.**

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## The Removal of Human Importance

Paul goes further than most are comfortable with:

“Neither is he that planteth any thing, neither he that watereth...”  
— 1 Corinthians 3:7



- The teacher is not the source
- The preacher is not the source
- The believer himself is not the source

All are instruments...

But none are the origin of growth.

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## God Working Within

This truth is not only external—it is internal:

“For it is God which worketh in you both to will and to do of his good pleasure.”  
— Philippians 2:13

Not only the doing...

But even the willing.

God is not assisting your effort.

**He is the source of it.**

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## The Completion of What God Starts

What God begins, He completes:

“Now the God of peace... make you perfect in every good work to do his will,  
in you that which is wellpleasing in his sight...”  
— Hebrews 13:20–21



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Perfection is not self-achieved.

It is **God worked**.

Everything that is well-pleasing to Him...

He produces within you.

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## Growth Is Not Self-Generated Life

This is the key shift:

Growth is not something you generate.

It is something God produces.

Just as a seed cannot force itself to grow...

A believer cannot force spiritual increase.

Life must come from **within**, not from pressure applied **without**.

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## The Consistency of God's Operation

God does not sometimes give increase.

He always does.



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ing to end, the pattern is the same:

- He initiates
- He works
- He brings forth
- He completes

This is why Scripture never attributes true growth to man.

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## The End of Self-Reliance

If God is the one producing the increase...

Then self-reliance must end.

There is no room left for:

- "I will grow myself"
- "I will fix myself"
- "I will become by effort"

Because the moment you take ownership of growth...

You step out of alignment with its source.

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## The Beginning of Trust

This revelation shifts everything from effort to trust.

Not trust in yourself...



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God's operation.

- Trust that He is working
- Trust that He is producing
- Trust that He is bringing forth life

Even when you do not see it yet.

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## The Door This Chapter Opens

Now the truth is established:

You cannot add a cubit.

God alone gives the increase.

But this raises another question:

If God is producing the growth...

### **Why do so many still live in worry, fear, and striving?**

The next chapter answers that.

Because the mind must be freed...

From the burden it was never meant to carry.

## **Chapter 5 — The End of Worry, Fear, and Toil**

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# Why Worry Exists

Worry is not random.

It is the natural result of believing:

**“It depends on me.”**

If you believe your life, growth, provision, or outcome is in your hands...

Then anxiety becomes inevitable.

But Jesus addresses this directly:

“Therefore I say unto you, Take no thought for your life...”  
— Matthew 6:25

This is not a suggestion.

It is a revelation.

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## The Burden of Self-Responsibility

When a man believes he must:

- grow himself
- fix himself
- sustain himself

He carries a weight he was never designed to bear.



This produces:

- fear of failure
- constant pressure
- inward unrest

Because deep down, he knows:

**He cannot add a cubit.**

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## Jesus Points to Creation

Jesus does something powerful—He removes the focus from man and places it on creation:

“Behold the fowls of the air: for they sow not, neither do they reap... yet your heavenly Father feedeth them.”

— Matthew 6:26

“Consider the lilies of the field, how they grow; they toil not, neither do they spin.”

— Matthew 6:28

The birds do not strive... yet they are fed.

The lilies do not toil... yet they grow.

Why?

Because **God is their source.**

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## Growth Without Toil



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it undeniable:

“They toil not... yet Solomon in all his glory was not arrayed like one of these.”  
— Matthew 6:28–29

The highest level of human effort cannot match what God produces effortlessly.

This exposes something critical:

☞ Toil is not the pathway to glory

☞ **God is**

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## The Root of Anxiety

Jesus connects worry directly to unbelief:

“O ye of little faith?”  
— Matthew 6:30

Worry is not just emotion—it is misplaced trust.

It is trusting:

- your effort over God’s provision
- your ability over God’s power

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## The Endless Chase of the Natural Mind

Jesus describes the pattern of those who live in this system:



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all these things do the Gentiles seek...”  
Matthew 6:32

Always seeking.  
Always chasing.  
Never resting.

Why?

Because they believe the outcome depends on them.

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## The Kingdom Alternative

Jesus presents a completely different way:

“But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.”

— Matthew 6:33

Notice the shift:

Not **add to yourself...**

But **things shall be added unto you.**

This is the same pattern:

You do not produce the increase.

**God adds it.**

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| **the Burden**

The apostles echo the same truth:

“Be careful for nothing; but in every thing... let your requests be made known unto God.”

— Philippians 4:6

“Casting all your care upon him; for he careth for you.”

— 1 Peter 5:7

You were never meant to carry the outcome.

You were meant to **release it**.

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## The End of Toil

Scripture calls striving what it truly is:

“It is vain for you to rise up early, to sit up late... for so he giveth his beloved sleep.”

— Psalm 127:2

Endless effort without divine source is **vanity**.

But when God is the source...

Rest becomes natural.

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## The Door This Chapter Opens



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den is lifted:

- You cannot add a cubit
- God gives the increase
- You are not required to carry the outcome

But this leads to the next question:

If growth is God's work...

**How do you live in alignment with it?**

Jesus already gave the answer:

Not striving...  
but **abiding**.

## Chapter 6 — Abiding: The Secret of Effortless Growth

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### The Answer to the Cubit

Jesus did not only ask a question...

He also gave the answer.

If you cannot add a cubit...

Then how does growth actually happen?



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...vine, ye are the branches... he that abideth in me, and I in him, the  
...geth forth much fruit: for without me ye can do nothing."

— John 15:5

The cubit reveals what you **cannot do**.

The vine reveals how growth **actually happens**.

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## The Life Is in the Vine

A branch does not produce life.

It receives it.

The life, the strength, the flow—all come from the vine.

Jesus makes it clear:

“I am the vine...”

Not a helper.

Not a partner.

**The source.**

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## The Branch Does Not Strive

A branch does not:

- struggle to grow



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elf to produce fruit

become something

It simply remains connected.

And because it is connected...

**fruit appears naturally.**

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## Abiding vs Striving

This is the great divide:

Striving	Abiding
"I must produce"	"I receive from Him"
Effort-driven	Life-driven
Pressure	Peace
Self-focus	Christ-focus

Striving says: *"I will add a cubit."*

Abiding says: *"He is my life."*

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## Without Me You Can Do Nothing

Jesus does not soften this statement:

"Without me ye can do nothing."

— John 15:5



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ans nothing.

Not a little.

Not partially.

This confirms everything He said earlier:

You cannot add a cubit...

Because without Him, **nothing can be produced.**

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## The Hidden Simplicity of Growth

Growth is not complicated.

It is simple—but not easy for the natural mind to accept.

Remain connected...

and life flows.

“The righteous shall flourish like the palm tree... Those that be planted in the house of the Lord shall flourish...”

— Psalm 92:12–13

Flourishing is the result of being planted.

Not striving.

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## Rooted, Not Rushed



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es another picture:

“Blessed is the man that trusteth in the Lord... he shall be as a tree planted by the waters... and shall not be careful in the year of drought.”

— Jeremiah 17:7–8

Why no anxiety?

Because the source is secure.

When roots are in the right place...

Growth is not threatened by external conditions.

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## Fruit Is the Evidence, Not the Goal

Many try to produce fruit directly.

But fruit is not the goal.

Fruit is the **result**.

When life flows from the vine into the branch...

Fruit appears automatically.

“Herein is my Father glorified, that ye bear much fruit...”

— John 15:8

You don't force fruit.

You remain in the source.



# The End of Forced Growth

When abiding is understood:

- striving loses its place
- pressure loses its voice
- self-effort loses its power

Because growth is no longer something you are trying to make happen...

It is something **God is producing through connection.**

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## The Door This Chapter Opens

Now the pattern is clear:

You cannot add a cubit.

God gives the increase.

Growth flows through abiding.

But one more transformation must happen:

The mind must fully release striving...

and enter into rest.

Because abiding is not effort...

It is **a state of trust.**



# Chapter 7 — The Mind at Rest: Faith Over Striving

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## The Battle Is in the Mind

By now, the truth has been revealed:

- You cannot add a cubit
- God gives the increase
- Growth comes through abiding

But even after seeing this...

Many still feel the pull to strive.

Why?

Because the battle is not just in actions.

**It is in the mind.**

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## The Call to Enter Rest

Scripture does not say “try harder.”

It says:



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...maineth therefore a rest to the people of God.

...at is entered into his rest, he also hath ceased from his own works...”

— Hebrews 4:9–10

Rest is not the absence of activity.

It is the **end of self-effort**.

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## Ceasing From Your Own Works

This is where many struggle.

Because ceasing feels like:

- doing nothing
- letting go of control
- no longer trying to fix things

But Scripture is clear:

**True rest begins when your works end.**

Not God's works.

**Yours.**

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## The Mind Governed by Life or Effort

There are two mindsets:

“For to be carnally minded is death; but to be spiritually minded is life and peace.”  
— Romans 8:6



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mind says:

- "I must do"
- "I must fix"
- "I must become"

The spiritual mind says:

- "God is working"
- "God is producing"
- "God is bringing forth life"

One produces pressure.

The other produces **peace**.

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## Perfect Peace Comes From Trust

Peace is not something you force.

It is the result of where your mind rests:

"Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee."

— Isaiah 26:3

When the mind shifts from:

- self → to God
- effort → to trust

Peace becomes the natural state.



## Why Striving Continues

Even after hearing truth, striving can linger.

Because the mind has been trained for years to believe:

☞ "If I don't do something... nothing will happen."

But the Gospel of Grace reveals:

☞ "Because God is working... everything is happening."

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## Faith Replaces Effort

Faith is not striving harder.

Faith is **resting deeper**.

It is the confidence that:

- God is working within
- God is producing growth
- God is bringing things to completion

Even when you cannot see it yet.

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## The End of Inner Pressure



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takes its place:

- the inner tension dissolves
- the constant evaluation fades
- the need to measure yourself weakens

Because you are no longer looking at yourself as the source.

You are looking to God.

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## Living From Rest, Not Toward It

Many think rest is something they must reach.

But Scripture reveals:

Rest is something you **enter**.

Not by effort...

But by believing.

“Let us labour therefore to enter into that rest...”

— Hebrews 4:11

The only “labor” left...

Is to believe what God has already said.

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## The Door This Chapter Opens



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and is aligned:

- No striving
- No pressure
- No self-produced growth

Only trust in God's operation.

And from that place...

Something begins to appear naturally.

Not forced.

Not manufactured.

But real.

**Fruit.**

## Chapter 8 — The Manifestation of True Growth

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### **Growth That Happens Without Striving**

By now, the foundation is clear:

- You cannot add a cubit
- God gives the increase
- Growth flows through abiding
- The mind enters rest



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opens next?

**Growth begins to appear.**

Not forced.

Not manufactured.

Not achieved through effort.

But produced by life.

---

## The Kingdom Pattern of Growth

Jesus reveals how true growth works:

“So is the kingdom of God, as if a man should cast seed into the ground;  
And should sleep, and rise night and day, and the seed should spring and grow  
up, he knoweth not how.”

— Mark 4:26–27

Notice the pattern:

- The seed is sown
- The man rests
- Growth happens... without his understanding

This is the Kingdom.

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## Growth Without Human Control

Jesus continues:



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...earth bringeth forth fruit of herself...”

— Mark 4:28

“Of herself” means automatically.

Without pressure.

Without human force.

Without striving.

This is the same truth again:

**Life produces growth.**

---

## The Order of Increase

There is a process—but it is God’s process:

“First the blade, then the ear, after that the full corn in the ear.”

— Mark 4:28

Growth is:

- progressive
- ordered
- intentional

But it is not rushed...

And it is not controlled by man.

---

## The Fruit That God Produces



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h is produced by God, it looks different.

It is not forced behavior—it is transformed nature:

“But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith...”

— Galatians 5:22–23

This is not something you try to become.

This is something that **appears** when life is flowing.

---

## Transformation From Within

True change is not external adjustment.

It is internal transformation:

“But we all... are changed into the same image from glory to glory, even as by the Spirit of the Lord.”

— 2 Corinthians 3:18

Notice:

Not “by your effort” ...

Not “by your discipline” ...

But **by the Spirit**.

---

## The Evidence of True Growth



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produces the increase:

- Peace replaces anxiety
- Stability replaces inconsistency
- Life replaces dryness
- Fruit appears naturally

There is no strain in it.

Because it is not coming from you.

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## The End of Comparison and Measurement

When you understand this...

You stop measuring yourself against others.

You stop asking:

- "Am I growing fast enough?"
- "Am I where I should be?"

Because you trust the One who is producing the growth.

And you know:

- ☞ The process is in His hands
  - ☞ The timing is in His hands
  - ☞ The outcome is in His hands
- 



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## I Circle of the Revelation

Now the question Jesus asked in the beginning is fully understood:

“Which of you... can add one cubit?”

— Matthew 6:27

The answer remains:

**Not one.**

But now you also know why.

Because growth was never designed to come from you.

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## The Final Revelation

You cannot add a cubit...

But God can.

And not only can He...

**He already is.**

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## Call to Rest and Trust

This is the invitation:

- Stop striving



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ing to produce

trying what is not yours

And enter into what God is already doing.

Let Him:

- produce the growth
- form the life
- bring forth the fruit

Because the truth is simple:

**What God produces... is real.**

**What man tries to produce... fades.**

---

## The Completion of the Message

This is the Gospel of Grace:

Not man achieving...

But God working.

Not striving...

But resting.

Not producing...

But receiving.

You cannot add one cubit.



But in Christ...

**you lack nothing.**

# **The Gospel of Grace — You Cannot Add One Cubit**

**By Carl Timothy Wray**





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## *ospel of Grace Series*

1. [\*\*The Gospel of Grace — The Finished Work Proclaimed\*\*](#)
2. [\*\*The Gospel of Grace — What Is Sovereign Grace?\*\*](#)
3. [\*\*The Gospel of Grace — The Sovereign Call: I Will Cause\*\*](#)
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